

Packing List for Boys and Girls

12 T-shirts
4 long sleeve shirts
6 pair pants (jeans/slacks/sweatpants)
8 pair shorts
Shabbat clothes (see description on page 8)
12 pair underwear
3 pair pajamas (1 warm)
2 bathing suits (girls—one piece suits only)
1 beach cover-up
1 bathrobe
15 pairs of socks
3 sweatshirts
2 sweaters (1 heavy, 1 light)
1 heavy jacket
1 baseball cap or sun hat
1 durable raincoat & rainhat
1 pair of slippers
1 pair of shower shoes or flip-flops
1 pair of water-resistant shoes or hiking boots
2 pair of athletic shoes for sports activities
4 sheets (twin) 2 fitted, 2 flat
2 pillow cases
1 pillow
2 blankets (1 light, 1 heavy)
6 wash cloths
6 bath towels
2 beach towels
Toiletry kit or plastic container for toilet articles
comb, brush, toothbrush, toothpaste
soap, soap dish
flashlight & batteries
unbreakable drinking cup
stamps
paper, pens, envelopes
shoe bag to keep shoes off the floor
2 laundry bags
sleeping bag*
tallis & tefillin for b'nai mitzvah
3 kippot

Optional

Hebrew Bible, books, Tikkun
Baseball glove
Tennis racquet & balls
Camera & film
Sewing kit
Sunglasses
Bathing cap

Musical instruments**
Board games (chess, checkers, etc.)

***SLEEPING BAGS**

At the beginning of the summer, each cabin (including Garinim and Halutzim) will be scheduled for an overnight camping trip. It is recommended to bring a sleeping bag to camp to use on the trip. If a trip is cancelled due to inclement weather, every effort will be made to reschedule.

****MUSICAL INSTRUMENTS**

There are many opportunities to practice and play music throughout the camp season, and campers are encouraged to bring their instruments to camp. If the musical instrument is too large to fit in the camper's luggage, please contact the camp office. At camp, instruments are stored in a locked closet.

DO NOT BRING THESE ITEMS TO CAMP:

Cell phones including camera phones
PDA's
Guitar amplifiers
Fireworks
Inline skates
Silly String
Water balloons
Paint guns
Large boomboxes
Laser pointers
Water guns of any size
Pocket knives
Extension cords
Televisions
VCR's and movies on videotape
DVD players and movies on DVD
Any kind of cooking device (microwave oven, George Foreman grill, hot pot, sandwich maker)
Refrigerators
Laptop computers
Video cameras
Walkie talkies
Weapons of any kind
Scooters and skateboards
Music with sexually explicit or violent lyrics
Poker chips and gambling paraphernalia

More information on what to bring (or not to bring) to camp

Please speak to your child about:

1. Cell phones, digital cameras and video capability

Campers have many opportunities to take photos over the course of the summer: Friday afternoons before Shabbat when everyone is dressed nicely, sunsets over the lake, at the campwide play and music performances and of course during kikar dancing. These photos help preserve memories of another terrific summer at camp.

While the intent is always one of innocence, we ask that you discuss with your child your expectations of digital camera usage. More and more, cameras are being banned from changing rooms and restrooms in an effort to ensure the privacy of others. Camp Ramah maintains that same policy—cameras are not be used in the cabin or other changing areas.

Cell phones with digital camera capabilities may not be used at camp. Since campers are not permitted to have cell phones during the summer, we ask that you make alternate arrangements for taking pictures at camp.

Please be aware of what types of pictures your child is shooting over the summer. What may seem funny or harmless during the summer can often times be hurtful out of context or used in a malicious way.

2. iPod's (or any MP3 player) and Gameboys (or any handheld electronic games)

At camp we encourage campers and staff to share in conversation with those around them. As such, they are not permitted to wear headphones or earbuds outside of their cabins, except while exercising on the track around camp.

Many digital devices have the capability to play videos downloaded from the internet or computers. There are always questions of the content and appropriateness of these video downloads. Additionally, we don't allow campers to bring televisions, VCR's, or DVD players to camp. As such, we ask that parents monitor and address these issues with their campers prior to camp.

Campers should not bring handheld games to camp. Camp provides a natural opportunity to enjoy the outdoors, play sports, sing, dance, and breathe fresh air. Campers participate in many activities with other campers their own ages. Teamwork and cabin unity are taught and stressed throughout the activity day. Free time in the cabin is shared with bunkmates playing board games or card games (no gambling allowed). These informal downtimes should be spent with others and not in solitude.

Please talk with your child and explain that the spaces at camp are public spaces. There are no dressers or closed drawers like at home. Each cabin has large shelving units for campers to use for storing their clothing. Everything is open with no private space. Items tend to fall (and can break), or sometimes things can be misplaced. It is a good idea to leave valuable items, even items of sentimental value, at home.

